

Roseville Aquatics Complex

3051 Woodcreek Oaks Blvd.
(916) 772-PLAY (option #5)



Program Schedule- May 25 - June 9

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Adult Lap Swim 12:45pm-5:00pm Competition Pool	Adult Lap Swim 12:45pm-5:00pm Competition Pool
					Recreation Swim 1:00pm-5:00pm	Recreation Swim 1:00pm-5:00pm

Additional Information:

Additional Recreation Swim:
May 27: 1:00pm - 5:00pm

FULL POOL CLOSURES:
June 8, 9

Friendly Reminders:

No outside food, drinks, coolers, flotation devices, chairs, or umbrellas allowed.
Lifejackets must be type III Coast Guard approved. Patrons wearing a lifejacket must be accompanied by an adult 18 years of age or older that is in the pool within arms length.
All non-swimmers must be accompanied by an adult 18 years of age or older that is in the pool within arms length.
All swimmers under 10 years of age must be accompanied by someone at least 14 years or older.
Lap Swimmers must be at least 13 years old.

KIDS AND FAMILY SWIM TIMES

Rec Swim - All Ages: Competition pool, Recreation pool, and spray ground open for play. Inflatable obstacle course is set up during Rec Swims. An unassisted, 15 yard swim test must be passed to go on the inflatable. \$7.00 per person, or included for members or summer swim pass holders. Under age 2 free with adult admission.

Parent Tot Playtime: For children 6 years and younger. Only the Spray Ground is accessible to those participating in Parent Tot. \$5.00 per adult /child pair. \$3.00 for additional swimmers, regardless of age. Included for members or summer swim pass holders.

LAP SWIM | AGES 13+

Designed for swimmers of all levels. Lanes, kickboards, pull buoys, pace clock, and sample workouts are available for your use.

Lap Swim Rules:

1. Before entering a lane, make others aware of your presence
2. No diving. All entries must be feet first.
3. If there are no open lanes, allow additional swimmers into your lane.
4. If only two swimmers are in a lane you may split the lane. If there are more than two, we ask that you circle swim. (Swim on the right hand side of the lane)
5. Swim at your own pace, but do not stop in the middle of the pool or swim vertically.
6. Only pass another swimmer in your lane at the wall.

For the latest updates and information visit: roseville.ca.us/aquatics